

March 2024 Menus

Milk and beverages served daily.

Meals Prepared by: Blair Senior Services, Inc.

Registered Dietician: Teri Henry, RDN, LDN

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Lemon Baked Fish Scalloped Potatoes Roasted Parmesan Cauliflower Golden Fruit Parfait Whole Wheat Roll
4 Baked Ham Mashed Sweet Potatoes Broccoli Florets White Cake with Strawberries & Whipped Topping	5 Stuffed Cabbage Roll with Tomato Sauce Mashed Potatoes Mixed Vegetables Mandarin Mousse	6 Breaded Chicken Tenders with Honey Mustard Dipping Sauce Au Gratin Potatoes Honey Glazed Carrots Pears in Lime Gelatin	7 Chef Salad with Ranch Dressing Apple Sauce Chocolate Chip Cookie Whole Wheat Roll	8 Macaroni & Cheese Stewed Tomatoes Roasted Brussels Sprouts Diced Peaches
11 Chili with Shredded Cheese Cornbread Mixed Vegetables Triple Berry Blend	12 Roast Pork with Gravy Sauerkraut Mashed Potatoes Apple Juice Whole Wheat Roll	13 Chicken Verona with Shell Pasta & Marinara Sauce Tossed Salad with Red Wine Vinaigrette Mandarin Oranges Breadstick	14 Meatloaf with Gravy Mashed Potatoes Broccoli Florets Diced Peaches Chocolate Pudding	15 Crab Cakes Scalloped Potatoes Monte Carlo Vegetables Blueberry Cobbler
18 Corned Beef & Cabbage Mashed Potatoes Broccoli Florets Pears in Lime Gelatin	19 Grilled Chicken Salad with Ranch Dressing French Fries Pears in Lime Gelatin Whole Wheat Roll	20 Cheese Omelet Sausage Patty French Toast Sticks with Syrup Orange	21 Stuffed Pepper with Tomato Sauce Mashed Potatoes Mixed Vegetables Vanilla Pudding Triple Berry Blend	22 Cheese Pizza Tossed Salad with Red Wine Vinaigrette Applesauce
25 Chicken & Broccoli Alfredo with Fettucine Italian Blend Vegetables Mandarin Oranges Breadstick	26 Taco Salad Tortilla Chips Diced Peaches	27 Hot Dog on a Whole Wheat Bun Baked Beans Broccoli Florets Fruit Cocktail	28 Turkey with Gravy Mashed Potatoes & Stuffing Roasted Brussels Sprouts Cranberry Juice	29 GOOD FRIDAY AGENCY CLOSED