

April 2024 Menu

Milk and beverages served daily.

Meals Prepared by: Blair Senior Services, Inc.
Registered Dietician: Teri Henry, RDN, LDN

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>Ham & Cheese Sandwich on Whole Wheat Roll Vegetable Barley Soup with Crackers Applesauce</p>	<p>2</p> <p>Chili with Shredded Cheese Cornbread Mixed Vegetables Berry Blend</p>	<p>3</p> <p>Baked Chicken with Gravy Mashed Potatoes Green Beans Mandarin Oranges</p>	<p>4</p> <p>Roast Beef with Gravy Loaded Baked Potato California Blend Vegetables Pears in Lime Gelatin</p>	<p>5</p> <p>Lemon Baked Fish AuGratin Potatoes Broccoli Florets Peach Crisp</p>
<p>8</p> <p>Cheese Ravioli with Marinara Sauce Italian Blend Vegetables Applesauce Italian Bread</p>	<p>9</p> <p>Swedish Meatballs with Gravy Scalloped Potatoes Maple Dill Carrots Berry Blend</p>	<p>10</p> <p>Cheese Omelet French Toast Sticks with Syrup Sausage Patty Orange</p>	<p>11</p> <p>Chicken Verona Small Shell Pasta with Marinara Sauce Tossed Salad with Red Wine Vinaigrette Dressing Blueberry Cobbler</p>	<p>12</p> <p>Grilled Cheese Sandwich Tomato Soup with Crackers Mandarin Orange/Vanilla Greek Yogurt Parfait</p>
<p>15</p> <p>Beef Stew Biscuit Green Beans Golden Fruit Parfait Oatmeal Raisin Cookie</p>	<p>16</p> <p>Turkey with Gravy Stuffing Honey Glazed Carrots Strawberry Mousse Cranberry Juice</p>	<p>17</p> <p>Stuffed Cabbage Roll in Tomato Sauce Mashed Potatoes Mixed Vegetables Pears in Lime Gelatin Vanilla Pudding</p>	<p>18</p> <p>Baked Ham Mashed Sweet Potatoes Steamed Broccoli Florets Diced Peaches Chocolate Cake with Whipped Topping</p>	<p>19</p> <p>Hamburger on Whole Wheat Roll French Fries Monte Carlo Vegetables Mandarin Oranges</p>
<p>22</p> <p>Meatloaf with Gravy Mashed Potatoes Roasted Parmesan Cauliflower Fruit Cocktail Sugar Cookie</p>	<p>23</p> <p>Hot Dog on Whole Wheat Bun Baked Beans Orange Blueberry Cobbler</p>	<p>24</p> <p>Chef Salad with Ranch Dressing Whole Wheat Roll Diced Peaches</p>	<p>25</p> <p>Stuffed Pepper with Tomato Sauce Mashed Potatoes Mixed Vegetables White Cake with Strawberries & Whipped Topping</p>	<p>26</p> <p>Breaded Fish Filet French Fries Broccoli Florets Oatmeal Cookie Mandarin Oranges</p>
<p>29</p> <p>Italian Sausage Sandwich with Peppers & Onions Potato Broccoli Soup with Crackers Berry Blend Vanilla Pudding</p>	<p>30</p> <p>Tacos Mandarin Mousse</p>			