

June 2024 Menus

Milk and beverages served daily.

Meals Prepared by: Blair Senior Services, Inc.
Registered Dietician: Teri Henry, RDN, LDN

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>Beef Stew Biscuit Green Beans Golden Fruit Parfait Oatmeal Raisin Cookie</p>	<p>4</p> <p>Turkey with Gravy Stuffing Honey Glazed Carrots Strawberry Mousse Cranberry Juice</p>	<p>5</p> <p>Stuffed Cabbage Roll in Tomato Sauce Mashed Potatoes Mixed Vegetables Pears in Lime Gelatin Vanilla Pudding</p>	<p>6</p> <p>Baked Hamm Mashed Sweet Potatoes Broccoli Florets Diced Peaches Chocolate Cake with Whipped Topping</p>	<p>7</p> <p>Hamburger on Whole Wheat Roll French Fries Monte Carlo Vegetables Mandarin Oranges</p>
<p>10</p> <p>Meatloaf with Gravy Mashed Potatoes Roasted parmesan Cauliflower Fruit Cocktail Sugar Cookie</p>	<p>11</p> <p>Chicken Parmesan Small Shell Pasta with Marinara Sauce Italian Blend Vegetables Applesauce Chocolate Pudding</p>	<p>12</p> <p>Chef Salad with Ranch Dressing Whole Wheat Roll Diced Peaches</p>	<p>13</p> <p>Stuffed Pepper with Tomato Sauce Mashed Potatoes Mixed Vegetables White Cake with Strawberries & Whipped Topping</p>	<p>14</p> <p>Breaded Fish File French Fries Broccoli Florets Oatmeal Cookie Mandarin Oranges</p>
<p>17</p> <p>Italian Sausage Sandwich with Peppers & Onions Potato Broccoli Soup with Crackers Berry Blend Vanilla Pudding</p>	<p>18</p> <p>Tacos Mandarin Mousse</p>	<p>19</p> <p>JUNETEENTH AGENCY CLOSED</p>	<p>20</p> <p>Swiss Steak with Tomatoes & Onions Scalloped Potatoes Honey Glazed Carrots Blueberry Cobbler</p>	<p>21</p> <p>Turkey & Provolone Sandwich on a Whole Wheat Roll Chicken Rice Soup with Crackers Carrot & Celery Sticks</p>
<p>24</p> <p>Chicken Tenders with Honey Mustard Dipping Sauce AuGratin Potatoes California Vegetables Chocolate Pudding</p>	<p>25</p> <p>Spaghetti & Meatballs Italian Blend Vegetables Breadstick Applesauce</p>	<p>26</p> <p>Grilled Chicken Salad with French Fries & Ranch Dressing Pears in Lime Gelatin Whole Wheat Roll</p>	<p>27</p> <p>Cheese Steak Sandwich with Peppers & Onions on Whole Wheat Roll Tater Tots Mandarin Oranges</p>	<p>28</p> <p>Macaroni & Cheese Stewed Tomatoes Roasted Brussels Sprouts Golden Fruit Parfait</p>