

May 2025 Menus

Milk and beverages served daily.

Meals Prepared by: Blair Senior Services, Inc.
Registered Dietician: Teri Henry, RDN, LDN

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Swiss Steak with Tomatoes & Onions Scalloped Potatoes Honey Glazed Carrots Strawberry Mousse Whole Wheat Dinner Roll	2 Turkey & Provolone Sandwich on a Whole Wheat Roll Chicken Rice Soup with Crackers Mandarin Oranges
5 Chicken Tenders with Honey Mustard Dipping Sauce AuGratin Potatoes California Vegetables Chocolate Pudding	6 Spaghetti & Meatballs Italian Blend Vegetables Applesauce Italian Bread	7 Ham & Cheese Sandwich on a Whole Wheat Roll Vegetable Barley Soup with Crackers Mandarin Oranges	8 Honey Mustard Chicken Tater Tots Steamed Broccoli Florets Fruit Cocktail Whole Wheat Dinner Roll	9 Egg Salad Sandwich on a Whole Wheat Roll Broccoli Cheddar Soup with Crackers Orange Juice
12 Chicken & Broccoli Alfredo Maple Dill Carrots Roasted Parmesan Cauliflower Diced Peaches Whole Wheat Dinner Roll	13 Creamed Chipped Beef on a Biscuit Steamed Broccoli Florets Mixed Berry Blend	14 Ham Balls AuGratin Potatoes Key West Vegetables Pears in Strawberry Gelatin Whole Wheat Dinner Roll	15 Cheese Steak Sandwich with Peppers & Onions French Fries Monte Carlo Vegetables Fruit Cocktail	16 Cheese Pizza Italian Blend Vegetables Mandarin Oranges Confetti Cake
19 Kielbasa Pierogis Steamed Broccoli Florets Vanilla Greek Yogurt Peach Parfait	20 Meatball Hoagie Key West Vegetables Mandarin Oranges Sugar Cookie	21 Baked Chicken with Gravy Mashed Potatoes French Cut Green Beans Applesauce Whole Wheat Dinner Roll	22 Roast Beef with Gravy Loaded Baked Potato California Blend Vegetables Pears in Strawberry Gelatin	23 Macaroni & Cheese Stewed Tomatoes Monte Carlo Vegetables Mandarin Mousse
26 AGENCY CLOSED MEMORIAL DAY	27 BBQ Chicken Breast Potato Salad Cantaloupe Cubes Ice Cream Cup Whole Wheat Dinner Roll	28 Hamburger on a Whole Wheat Roll French Fries Mixed Vegetables Mixed Berry Blend	29 Scalloped Chicken Mashed Potatoes with Gravy Monte Carlo Vegetables Applesauce Whole Wheat Dinner Roll	30 Grilled Cheese Sandwich Tomato Soup with Crackers Mandarin Orange Vanilla Greek Yogurt Parfait