

November 2025 Menus

Milk and beverages served daily.

Meals Prepared by: Blair Senior Services, Inc.

Registered Dietician: Teri Henry, RDN, LDN

Monday	Tuesday	Wednesday	Thursday	Friday
3 Chicken Marsala Scalloped Potatoes Key West Vegetables White Cake with Strawberries & Whipped Topping Whole Wheat Dinner Roll	4 Hamburger on a Whole Wheat Roll Tater Tots California Blend Vegetables Diced Pears	5 Baked Fish Macaroni & Cheese Stewed Tomatoes Applesauce	6 Sloppy Joe on a Whole Wheat Roll Corn Steamed Broccoli Florets Diced Peaches	7 Cheese Pizza Mandarin Oranges Sugar Cookie
10 Spaghetti & Meatballs with Marinara Sauce Italian Blend Vegetables Applesauce Italian Bread	11 Baked Chicken with Gravy Mashed Potatoes French Cut Green Beans Mandarin Oranges Vanilla Pudding	12 Ham Balls AuGratin Potatoes Key West Vegetables Fruit Cocktail Chocolate Cake with Whipped Topping	13 Salisbury Steak with Gravy Mashed Potatoes Steamed Broccoli Florets Diced Peaches Chocolate Chip Cookie Whole Wheat Dinner Roll	14 Vegetable Quiche Tater Tots Mixed Vegetables Diced Pears
17 Meatloaf with Gravy Mashed Potatoes Key West Vegetables Golden Fruit Parfait Whole Wheat Dinner Roll	18 BBQ Rib Patty Sandwich on a Whole Wheat Roll Corn California Blend Vegetables Applesauce	19 Cheese Omelet Sausage Patty Tater Tots Biscuit Orange Juice	20 Chicken Parmesan Small Shell Pasta with Marinara Sauce Italian Blend Vegetables Mixed Berry Blend Italian Bread	21 Chili Cornbread French Cut Green Beans Diced Peaches Sugar Cookie
24 Swedish Meatballs Buttered Noodles Mixed Vegetables Applesauce Whole Wheat Dinner Roll	25 Turkey with Gravy Mashed Potatoes French Cut Green Beans Cranberry Juice Pumpkin Pie with Whipped Topping Whole Wheat Dinner Roll	26 Roast Beef with Gravy Mashed Potatoes Honey Glazed Carrots Diced Pears Whole Wheat Dinner Roll	27 AGENCY CLOSED THANKSGIVING DAY	28 AGENCY CLOSED THANKSGIVING HOLIDAY