

December 2025 Menus

Milk and beverages served daily.

Meals Prepared by: Blair Senior Services, Inc.
Registered Dietician: Teri Henry, RDN, LDN

Monday	Tuesday	Wednesday	Thursday	Friday
1 Hamburger on a Whole Wheat Roll Tater Tots Mixed Vegetables Mixed Berry Blend	2 Chicken Cacciatore Small Shell Pasta in Marinara Sauce Italian Blend Vegetables Diced Pears Sugar Cookie Italian Bread	3 Baked Ham Mashed Sweet Potatoes Steamed Broccoli Florets Golden Fruit Parfait Whole Wheat Dinner Roll	4 Breaded Fish Filet on a Whole Wheat Roll Scalloped Potatoes French Cut Green Beans Applesauce	5 Cheese Pizza Mandarin Oranges Chocolate Chip Cookie
8 Honey Mustard Chicken Mashed Potatoes with Gravy California Blend Vegetables Golden Fruit Parfait Whole Wheat Dinner Roll	9 Meatball Hoagie on a Whole Wheat Roll Tater Tots Key West Vegetables Mixed Berry Blend	10 Breaded Fish Filet AuGratin Potatoes Steamed Broccoli Florets Diced Peaches Chocolate Cake with Whipped Topping	11 Hot Dog on a Whole Wheat Bun Baked Beans Corn Mandarin Oranges	12 Chicken Broccoli Alfredo with Fettuccini Italian Blend Vegetables Warm Applesauce Italian Bread
15 Philly Cheese Steak Sandwich on a Whole Wheat Roll Tater Tots Key West Vegetables Diced Peaches	16 Kielbasa Cabbage & Noodles Mixed Vegetables Fruit Cocktail Whole Wheat Dinner Roll	17 Breaded Chicken Patty Sandwich on a Whole Wheat Roll Corn Monte Carlo Vegetables Diced Pears	18 Roast Pork with Gravy Stuffing Sweet Potato Souffle French Cut Green Beans Applesauce	19 Swiss Steak with Gravy Mashed Potatoes Maple Dill Carrots Mandarin Oranges Chocolate Chip Cookie Whole Wheat Dinner Roll
22 Ham with Pineapple Sauce Sweet Potato Souffle Green Bean Casserole Mandarin Oranges Christmas Cookie Whole Wheat Dinner Roll	23 Hamburger on a Whole Wheat Roll Tater Tots California Blend Vegetables Diced Pears	24 Baked Fish Macaroni & Cheese Stewed Tomatoes Applesauce	25 AGENCY CLOSED CHRISTMAS DAY	26 Cheese Pizza Mandarin Oranges Sugar Cookie
29 Spaghetti & Meatballs with Marinara Sauce Italian Blend Vegetables Applesauce Italian Bread	30 Baked Chicken Mashed Potatoes with Gravy French Cut Green Beans Mandarin Oranges Vanilla Pudding	31 Pork with Gravy Mashed Potatoes Steamed Broccoli Florets Apple Juice Confetti Cake Whole Wheat Dinner Roll		