

# May 2026 Menu

Milk and beverages served daily.

Meals Prepared by: Blair Senior Services, Inc.

Registered Dietician: Teri Henry, RDN, LDN

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Chili Cornbread Green Beans Warm Applesauce Graham Crackers
4 Swiss Steak with Tomatoes & Onions Mashed Potatoes with Gravy California Blend Vegetables Mixed Berry Blend Whole Wheat Dinner Roll	5 Salsa Chicken Mexicorn Fiesta Broccoli Mandarin Oranges Snickerdoodle Cookie	6 Hamburger on a Whole Wheat Bun Tater Tots Corn Applesauce	7 Chicken Nuggets with Honey Mustard Dipping Sauce Buttered Noodles Honey Glazed Carrots Diced Pears	8 Macaroni & Cheese Stewed Tomatoes Green Beans Mandarin Oranges Graham Crackers
11 Cheese Steak on a Roll with Peppers & Onions Parsley Potatoes California Blend Vegetables Fruit Cocktail	12 Vegetable Quiche Tater Tots Green Beans Orange Juice	13 Ham Balls Mashed Sweet Potatoes Steamed Broccoli Florets Diced Pears Chocolate Chip Cookie Whole Wheat Dinner Roll	14 Honey Mustard Chicken Succotash Maple Dill Carrots Applesauce Whole Wheat Dinner Roll	15 Cheese Pizza Mandarin Oranges Confetti Cake
18 Salisbury Steak Buttered Noodles Steamed Broccoli Florets Diced Peaches Sugar Cookie Whole Wheat Dinner Roll	19 Baked Chicken with Gravy Mashed Potatoes Green Beans Apple Juice Vanilla Pudding	20 Kielbasa Pierogies California Blend Vegetables Fruit Cocktail Whole Wheat Dinner Roll	21 Meatball Sandwich Tater Tots Key West Vegetables Mandarin Oranges	22 Breaded Fish Filet Parsley Potatoes Honey Glazed Carrots Oatmeal Cookie Diced Pears
25 <b>AGENCY CLOSED</b>  <b>MEMORIAL DAY</b>	26 Hot Dog on a Whole Wheat Bun Baked Beans Corn White Cake with Strawberries & Whipped Topping	27 Cheese Omelet Sausage Patty Biscuit with Sausage Gravy Tater Tots Orange Juice	28 Chili Cornbread Green Beans Warm Applesauce Graham Crackers	29 Macaroni & Cheese Stewed Tomatoes California Blend Vegetables Golden Fruit Parfait Sugar Cookie