

June 2026 Menus

Milk and beverages served daily.

Meals Prepared by: Blair Senior Services, Inc.
Registered Dietician: Teri Henry, RDN, LDN

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>Swedish Meatballs with Gravy Buttered Noodles Green Beans Mixed Berry Blend</p>	<p>2</p> <p>Turkey with Gravy Mashed Potatoes Maple Dill Carrots Cranberry Juice Chocolate Cake with Whipped Topping</p>	<p>3</p> <p>Baked Fish Macaroni & Cheese Stewed Tomatoes Applesauce Whole Wheat Dinner Roll</p>	<p>4</p> <p>Hamburger on Whole Wheat Bun Corn Monte Carlo Vegetables Diced Pears</p>	<p>5</p> <p>Cheese Pizza Mandarin Oranges Chocolate Chip Cookie</p>
<p>8</p> <p>Meatloaf with Gravy Mashed Potatoes Steamed Broccoli Florets Fruit Cocktail Whole Wheat Dinner Roll</p>	<p>9</p> <p>BBQ Rib Sandwich Corn Green Beans Mixed Berry Blend</p>	<p>10</p> <p>Chicken Parmesan Shell Pasta with Marinara Sauce Italian Blend Vegetables Mandarin Oranges Sugar Cookie</p>	<p>11</p> <p>Sloppy Joe on Whole Wheat Bun Tater Tots California Blend Vegetables Diced Peaches</p>	<p>12</p> <p>Chicken & Broccoli Alfredo with Fettucine Key West Vegetables Warm Applesauce White Cake with Strawberries & Whipped Topping</p>
<p>15</p> <p>Italian Sausage Sandwich with Peppers & Onions Tater Tots Maple Dill Carrots Mixed Berry Blend</p>	<p>16</p> <p>Spaghetti & Meatballs Italian Blend Vegetables Mandarin Oranges Italian Bread Chocolate Chip Cookie</p>	<p>17</p> <p>Breaded Chicken Patty on a Whole Wheat Roll Parsley Potatoes Steamed Broccoli Florets Diced Peaches</p>	<p>18</p> <p>Roast Pork with Gravy Mashed Potatoes Peas & Carrots Diced Pears Whole Wheat Dinner Roll</p>	<p>19</p> <p>JUNETEENTH AGENCY CLOSED</p>
<p>22</p> <p>Swiss Steak with Tomatoes & Onions Mashed Potatoes with Gravy California Blend Vegetables Mixed Berry Blend Whole Wheat Dinner Roll</p>	<p>23</p> <p>Chicken Cacciatore Rotini Pasta with Marinara Sauce Italian Blend Vegetables Grape Juice Chocolate Pudding</p>	<p>24</p> <p>Hamburger on a Whole Wheat Bun Tater Tots Corn Applesauce</p>	<p>25</p> <p>Chicken Nuggets with Honey Mustard Dipping Sauce Buttered Noodles Honey Glazed Carrots Diced Pears</p>	<p>26</p> <p>Macaroni & Cheese Stewed Tomatoes Green Beans Mandarin Oranges Graham Crackers</p>
<p>29</p> <p>Cheese Steak on a Roll with Peppers & Onions Parsley Potatoes California Blend Vegetables Fruit Cocktail</p>	<p>30</p> <p>Vegetable Quiche Tater Tots Green Beans Orange Juice</p>			