

December 2026 Menus

Milk and beverages served daily.

Meals Prepared by: Blair Senior Services, Inc.
Registered Dietician: Teri Henry, RDN, LDN

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Chicken Cacciatore Small Shell Pasta with Marinara Sauce Italian Blend Vegetables Diced Pears Sugar Cookie Italian Bread	2 Meatloaf with Gravy Mashed Potatoes Maple Dill Carrots Mixed Berry Blend Whole Wheat Roll	3 Breaded Fish Sandwich on a Whole Wheat Roll Buttered Parsley Potatoes Broccoli Florets Golden Fruit Parfait	4 Chili Saltines Green Beans Warm Applesauce Chocolate Cake with Whipped Topping
7 Breaded Chicken Nuggets Honey Mustard Dipping Sauce Scalloped Potatoes Mixed Vegetables Mandarin Oranges Vanilla Pudding	8 Meatball Hoagie on a Whole Wheat Roll Tater Tots Broccoli Florets Applesauce	9 Macaroni & Cheese Stewed Tomatoes Monte Carlo Vegetables Diced Peaches Graham Crackers	10 Hot Dog on a Whole Wheat Bun Baked Beans Corn Grape Juice	11 Chicken Broccoli Alfredo with Rotini Italian Blend Vegetables Golden Fruit Parfait Italian Bread
14 Chicken Patty Sandwich on a Whole Wheat Roll Buttered Parsley Potatoes Monte Carlo Vegetables Mandarin Oranges	15 Roast Pork with Gravy Mashed Sweet Potatoes Broccoli Florets Fruit Cocktail Chocolate Pudding	16 Cheese Omelet Sausage Patty Tater Tots Biscuit with Jelly Orange Juice	17 Italian Sausage Sandwich with Peppers & Onions on a Whole Wheat Roll Corn Green Beans Applesauce	18 Swiss Steak Mashed Potatoes with Gravy Maple Dill Carrots Diced Pears Whole Wheat Dinner Roll
21 Hamburger on a Whole Wheat Roll Tater Tots Broccoli Florets Diced Peaches	22 Ham with Pineapple Sauce Sweet Potato Souffle Green Bean Casserole Apple Juice Christmas Sugar Cookie Whole Wheat Dinner Roll	23 Baked Fish Macaroni & Cheese Stewed Tomatoes Diced Pears	24 Cheese Pizza Mandarin Oranges Chocolate Chip Cookie	25 AGENCY CLOSED CHRISTMAS DAY
28 Rotini & Meatballs Italian Blend Vegetables Golden Fruit Parfait Italian Bread	29 Baked Chicken Breast Mashed Potatoes with Gravy Peas & Carrots Diced Pears Sugar Cookie	30 Salisbury Steak Buttered Noodles Green Beans Mandarin Oranges Whole Wheat Dinner Roll	31 Roast Pork Whipped Potatoes with Gravy Broccoli Florets Apple Juice Confetti Cake Whole Wheat Dinner Roll	