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**BLAIR SENIOR
SERVICES**

AREA AGENCY ON AGING

*** June 1 through June 17 ***

FOR AGES 50 AND UP!

Cost: \$14.00

**All Registration Forms must be
received by May 17, 2019**

*** BLAIR COUNTY SENIOR OLYMPICS SPONSORS ***

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Event Contributors

Bavarian Aid Society
Blair Regional YMCA
Buccinese Club
Gorilla House Gym
Highland Park and Central Blair Recreation Commission
Hollidaysburg Area School District
Hollidaysburg Sportsmen's Club
Lakemont Park
Northern Blair County Recreation Center
Sylvan Hills Golf Course
Trinity United Methodist Church
Unter Uns

Please complete the Registration Form located on the last page of this booklet.

- The registration form and standard registration fee of \$14.00 is required by May 17.
- **No registration forms will be accepted after May 17.**
- Checks should be made payable to Blair Senior Services, Inc.

The Senior Olympics Committee strongly recommends consulting with your physician before participating in any event.

You must sign and return the Waiver and Release of Liability (#3) on the Registration Form in order to participate.

Certain events will have special participant fees for use of facilities or equipment. All special fees must be paid directly to the facility the day of the event. Applicable fees are listed under each event description.

The Senior Olympics Committee reserves the right to reschedule, cancel and/or consolidate age groups and teams or events, as deemed appropriate.

The event schedule is subject to change due to weather conditions, availability of facilities or level of participant response.

Participants are asked to arrive 15 minutes prior to event times listed in Registration Booklet.

The Senior Olympics Committee is not responsible for games that overlap on the same day. Please schedule your events accordingly.

All participants will receive a Senior Olympics T-Shirt and an invitation to the Kick-Off Party and Closing Ceremony.

Participants attending the Closing Ceremony must complete the ceremony information section (question 5) on the Registration Form.

Participants bringing a guest must complete the appropriate "Guest" section on the Registration Form (question 5b) and include any applicable fees (question 6).

*** Please note, no changes or additions can be made to the events after May 17.**



EVENT PACKET PICK-UP

Thursday, May 30 and Friday, May 31

8:00 a.m. – 4:00 p.m.

Central Blair Senior Center, 1320 12th Avenue in Altoona

Event packets will include your Senior Olympics t-shirt, various giveaway items, and event schedule. If you do not pick up your event packet during this time, the packets will be made available at various events throughout the month.

KICK-OFF PARTY

Saturday, June 1

7:00 a.m. – 1:00 p.m.

**Hollidaysburg High School Track & Field, 1510 N Montgomery Street
in Hollidaysburg**

Families and fans of the competitors are welcome to fill the bleachers at the Hollidaysburg Track during our Track & Field Events for our Kick-Off Party!

Refreshments will be available.

Look out for t-shirt throws into the bleachers and chances to win a 50/50.

Have friends who might be interested in competing in Senior Olympics next year? Invite them to our Kick-Off Party to see what the Senior Olympics Games are all about!

CLOSING CEREMONY

Wednesday, June 26

5:30 p.m. – 8:30 p.m.

~ Doors open at 4:30 p.m. ~

Dinner Served at 5:45 p.m.

Entertainment from 6:30 p.m. – 8:30 p.m.

Bavarian Hall, 112 South 13th Street in Altoona

Join us for dinner, dancing and entertainment by The Sharptones from 6:30 p.m. to 8:30 p.m., as we celebrate the many accomplishments throughout the month!

Enjoy door prize drawings throughout the evening!

All registered participants are invited to attend the Closing Event at no charge, and may bring one guest at a cost of \$6.00.

Placement Awards will be available for pick up at the Closing Ceremony.
Athletes who are unable to attend the Closing Ceremony may pick up their awards bag at Blair Senior Services, Inc., 1320 12th Avenue in Altoona, beginning Monday, July 1 between the hours of 8:00 a.m. and 4:00 p.m.

GENERAL INFORMATION

The Pennsylvania Senior Games Events format will be used as the standard format. Event Chairs will determine the final format for all events. Some event rules and formats may be modified specifically for the Senior Olympics. Non-physical events will follow the format established by the event Chairperson.

All team members/partners must register individually. Teams will be matched by team/partner name listed. The age group for doubles and team events will be determined by the age of the youngest participant. If an athlete does not have a specific partner or team to participate with, they may still sign up for the event and will be paired with teammates based on athlete availability. Pairings will be made on a first-come, first-served basis.

A medal will be awarded to first, second and third place for each event.

The schedule of events is subject to change. Rain dates will be announced as needed.

Warm-up and practice time will be provided prior to the start of an event.

Event contact names and numbers are included in the sport descriptions.

Please call if you need further information on events, or directions to event locations. Directions are available to all events by contacting Blair Senior Services, Inc. at (814) 946-1235.

The Senior Olympics Committee is not responsible for conflicts in scheduling.

The Senior Olympics Committee reserves the right to reschedule, cancel or consolidate events and age groups as deemed appropriate.

CALENDAR OF EVENTS- JUNE 2019

Mon	Tue	Wed	Thu	Fri	Sat
<p style="text-align: center;">Event Registration Forms are due by <u>Friday, May 17</u></p>			<p style="text-align: center;">30 <u>Welcome Bag Pick-Up</u> 8 a.m. – 4 p.m. Central Blair Senior Center</p>	<p style="text-align: center;">31 <u>Welcome Bag Pick-Up</u> 8 a.m. – 4 p.m. Central Blair Senior Center</p>	<p style="text-align: center;">1 <u>Track and Field Events & Kick-Off Party</u> 7 a.m. - 1 p.m. Hollidaysburg Area High School Track</p>
<p style="text-align: center;">3 <u>Shuffleboard (Singles)</u> 9:00 a.m. Trinity United Methodist Church, Roaring Spring</p> <p style="text-align: center;"><u>Bowling Singles</u> 1 p.m. & 4 p.m. Bavarian Hall</p>	<p style="text-align: center;">4 <u>Shuffleboard (Doubles)</u> 9:00 a.m. Trinity United Methodist Church, Roaring Spring</p> <p style="text-align: center;"><u>Bowling Singles</u> 1 p.m. & 4 p.m. Bavarian Hall</p>	<p style="text-align: center;">5 <u>8 Ball Pool</u> 9:00 a.m. Men's Division 1:00 p.m. Women's Division Central Blair Senior Center</p> <p style="text-align: center;"><u>Bowling Doubles</u> 1 p.m. & 4 p.m. Bavarian Hall</p>	<p style="text-align: center;">6 <u>Outdoor Events</u> Small Bore 9 a.m. Archery 10 a.m. Hollidaysburg Sportsmen's Club</p> <p style="text-align: center;"><u>Tennis (Singles)</u> 2 p.m. - 6 p.m. Gorilla House Gym</p> <p style="text-align: center;"><u>Bowling Doubles</u> 1 p.m. & 4 p.m. Bavarian Hall</p>	<p style="text-align: center;">7 <u>Basketball</u> 9:00 a.m. 4:00 p.m. Blair Regional YMCA</p> <p style="text-align: center;"><u>Tennis (Doubles)</u> 2 p.m. - 6 p.m. Gorilla House Gym</p> <p style="text-align: center;"><u>Bowling Teams</u> 1 & 4 p.m. Bavarian Hall</p>	<p style="text-align: center;">9 <u>Bocce</u> 9:00 a.m. Buccinese Club</p>
<p style="text-align: center;">10 <u>Football Softball Throw</u> 8 a.m. - 10 a.m. NB Rec Center</p> <p style="text-align: center;"><u>Home Run Derby</u> 8 a.m. - 10 a.m. NB Rec Center</p>	<p style="text-align: center;">11 <u>Golf</u> Men 8:00 a.m. Women 8:00 a.m. Sylvan Hills Golf Course</p> <p style="text-align: center;"><u>Bean Bag Toss</u> 1:00 p.m. Central Blair Senior Center</p>	<p style="text-align: center;">12 <u>Swimming</u> 10:00 a.m. Blair Regional YMCA</p> <p style="text-align: center;"><u>Wii Bowling</u> 12:30 p.m. Central Blair Senior Center</p>	<p style="text-align: center;">13 <u>Pickle Ball</u> 9:30 a.m. Blair Regional YMCA</p> <p style="text-align: center;"><u>Pinochle (single deck)</u> 12:30 p.m. Central Blair Senior Center</p>	<p style="text-align: center;">14 <u>Miniature Golf</u> 9:30 a.m. Lakemont Park</p> <p style="text-align: center;"><u>Pinochle (double deck)</u> 12:30 p.m. Central Blair Senior Center</p>	<p style="text-align: center;">15 <u>Frisbee Golf/ Disc Golf</u> 9:00 a.m. Highland Park</p> <p style="text-align: center;"><u>Horseshoes</u> 1:30 p.m. Unter Uns</p>
<p style="text-align: center;">17 <u>Intellectual Games</u> Sudoku 9:30 a.m. Crossword 10:00 am Trivia 10:45 a.m. Word Search 1:00pm Spelling Bee 2:00pm Central Blair Senior Center</p>	18	19	20	21	22
24	25	<p style="text-align: center;">26 <u>Closing Ceremony</u> Doors open 4:30 p.m. 5:30 p.m.-8:30 p.m. Bavarian Hall</p>	27	28	29

BASKETBALL

Male and Female singles divisions competing in foul shooting, hot shot, three-point shooting and "21". For placement awards, participants must make at least one basket, regardless of the number of participants in the age bracket.

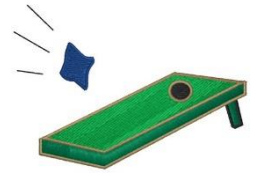
Location: Blair Regional YMCA, 1111 Hewit Street, Hollidaysburg
Date: Friday, June 7
Time: 9:00 a.m. and 4:00 p.m.
Event Chair: Jim Bigelow: (814) 684-4392



BEAN BAG TOSS

Bags and boards will be provided. **To reserve a lunch, please call (814) 946-1235 one day in advance.**

Location: Central Blair Senior Center, 1320 12th Avenue, Altoona
Date: Tuesday, June 11
Time: 1:00 p.m.
Event Chair: Betsey Harris: (814) 502-4444



BOCCE

Team event. Teams will be chosen randomly, with an equal mix of experienced and beginner level competitors paired for each team. An elimination format will be used.

Location: The Buccinese Club, 614 8th Avenue, Altoona
Date: Saturday, June 8
Time: Competition begins at 9:00 a.m.
Event Chairs: Mike Parisi: (814) 944-1405
Carl Maier: (814) 943-0867



BOWLING

A special fee of \$1.00 per game, per person, must be paid to the Bavarian Hall the day of the event. Male and female singles, doubles and teams. Doubles and teams may be comprised of all men, all women, or mixed. Each participant will bowl three games and the total pitfall will determine the winner. **Each participant must complete and submit their own Bowling Registration form (enclosed in this booklet).**

Location: Bavarian Hall, 112 South 13th Street, Altoona
Bowling (Singles): Monday, June 3 & Tuesday, June 4
Bowling (Doubles): Wednesday, June 5 & Thursday, June 6
Bowling (Teams): Friday, June 7
Time: Games will be at 1:00 p.m. & 4:00 p.m.
Event Chairs: Ken Gilley: (814) 946-1554
George Boyles: (814) 944-7775



FOOTBALL AND SOFTBALL THROW

Three throws, with the best being recorded.

Location: Northern Blair County Recreation Center
4080 E Pleasant Valley Blvd, Altoona
Date: Monday, June 10
Time: 8:00 a.m. - 10:00 a.m.
Event Chair: Melody Hampson: (814) 696-1896 or (814) 505-1896



FRISBEE GOLF / DISC GOLF

Some discs provided but competitors are encouraged to bring their own.

Location: Highland Park, 4718 4th Avenue, Altoona
Date: Saturday, June 15
Time: 9:00 a.m.
Event Chair: Paul Kowalski: (814) 942-0202



GOLF: MEN'S AND WOMEN'S

Nine hole scramble. A special fee of \$12.00 must be paid to the course the day of the event. Please list your handicap in the Event Entry section (#4) on the Athlete Registration Form.

Location: Sylvan Hills Golf Course, 221 Larch Street, Hollidaysburg
Date: Tuesday, June 11
Time: Shot gun start at 8:00 a.m.
Event Chair: George Boyles: (814) 944-7775
Bert Lear: (814) 942-9800
Connie Angeski: (814) 943-5354



HOMERUN DERBY

Male and Female divisions. Competition will be scored on a point system. Points are distributed based on the distance each softball is hit.

Location: Northern Blair County Recreation Center
4080 E Pleasant Valley Blvd, Altoona
Date: Monday, June 10
Time: 8:00 a.m. – 10:00 a.m.
Event Chair: Fern Price: (814) 684-0236



HORSESHOES

Male and Female singles and doubles. Competition will be set in a single elimination tournament format.

Location: Unter Uns, 1401 Van Buren Avenue, Altoona
Date: Saturday, June 15
Time: 1:30 p.m.
Event Chairs: Fern Price: (814) 684-0236



INTELLECTUAL GAMES: CROSSWORD, TRIVIA, WORD SEARCH & SPELLING BEE

Sudoku, Crossword, Trivia, and Word Search. Timed events, with the highest score winning. In the event of a tie, the person having the fastest time will be the winner.

Spelling Bee - Overall 1st, 2nd and 3rd place winners.

To reserve a meal, please call (814) 946-1235 one day in advance.

Location: Central Blair Senior Center, 1320 12th Avenue, Altoona
Date: Monday, June 17
Time:

Sudoku	9:30 a.m.
Crossword Puzzle	10:00 a.m.
Trivia	10:45 a.m.
Word Search	1:00 p.m.
Spelling Bee	2:00 p.m.

Event Chair: Eleanor Berger: (814) 312-5060



MINIATURE GOLF

Male and Female singles divisions. Low score determines the winner.

Location: Lakemont Park, 700 Park Avenue, Altoona
Date: Friday, June 14
Time: 9:30 a.m.
Event Chairs: Bert Lear: (814) 942-9800



OUTDOOR EVENTS

Male and Female singles divisions. Events will be based upon accuracy and score totals.

Small Bore Rifle (.22 Cal.) Shoot – Must have your own rifle. Competitors age 50-69 must use open sights, while those age 70 and over may use a scope. Targets will be provided, along with ammunition. Twenty round competition shooting 10 shots with a bench rest, and 10 shots at shooter's choice (bench, sitting, standing, prone, kneeling) from 25 yards. Spotting scopes are permitted.

Archery– must have your own bow and arrows. Targets will be provided. Sixty round competition, shooting 20 arrows each at 60 yards, 50 yards and 40 yards.

Location: Hollidaysburg Sportsmen's Club
 472 Hollidaysburg Sportsman Road, Hollidaysburg
Date: Thursday, June 6
Time: Small Bore Rifle – 9:00 a.m.
 Archery – 10:00 a.m.
Event Chairs: Robert Hunt: (814) 942-0500- **Small Bore**
 Bill Harshman: (814) 684-1639 – **Archery**



NEW * PICKLEBALL * NEW

Teams may be all men, all women, or mixed. Teams will be assigned.

Location: Blair Regional YMCA, 1111 Hewit Street, Hollidaysburg
Date: Thursday, June 13
Time: 9:30 a.m.
Event Chair: Deannie Cafferty: (814) 935-1605



PINOCHLE

Single-deck pinochle will be held on Thursday, June 13. Double-deck pinochle will be held on Friday, June 14. **To reserve a meal, please call (814) 946-1235 one day in advance.**

Location: Central Blair Senior Center, 1320 12th Avenue, Altoona
Date: Thursday, June 13: Single-Deck
Friday, June 14: Double-Deck
Time: Both days begin at 12:30 p.m.
Event Chair: Catherine Palmer: (814) 207-2623



POOL/BILLIARDS: 8 BALL COMPETITION

2-Male and 1-Female singles divisions. Eight-ball single elimination tournament will be used. Preliminary rounds will be best out of three games. The winning rounds will be best out of five games. **To reserve a meal, please call (814) 946-1235 one day in advance.**

Location: Central Blair Senior Center, 1320 12th Avenue, Altoona
Date: Wednesday, June 5
Time: Men's Division at 9 a.m. with 8:30 a.m. warm-up
Ladies Division at 1:30 p.m. with 1:00 p.m. warm-up
Event Chair: Jim Bigelow (814) 684-4392



SHUFFLEBOARD

Double elimination tournament format will be used. Teams for the doubles event may be all men, all women, or mixed.

Location: Trinity United Methodist Church, 434 E. Main Street, Roaring Spring
Date: Monday, June 3: Singles
Tuesday, June 4: Doubles
Time: Both days begin at 9:00 a.m.
Event Chair: Fern Price: (814) 684-0236



SWIMMING: BACKSTROKE, BREASTSTROKE, BUTTERFLY, FREESTYLE, POOL WALK, INDIVIDUAL MEDLEY

Male and Female singles divisions. USMS (United States Master's Swimming) rules will govern competition.

Events: 25 Meter Backstroke, 25 Meter Breaststroke, 25 Meter Butterfly, 25 Meter Freestyle, 50 Meter Freestyle, and 25 Meter Pool Walk.

Location: Blair Regional YMCA, 1111 Hewit Street, Hollidaysburg
Date: Wednesday, June 12
Time: 10:00 a.m.
Event Chair: Gary Rhodes: (814) 942-7940



TENNIS

Double elimination tournament format will be used. Teams for the doubles event may be all men, all women, or mixed.

Location: Gorilla House Gym, 3200 Fairway Drive, Altoona
Date: Thursday, June 6: Singles
Friday, June 7: Doubles
Time: Both days begin at 2:00 p.m.
Event Chair: Deannie Cafferty: (814) 935-1605



TRACK AND FIELD EVENTS AND KICK OFF-PARTY

Walking and Running Events: Standard race format with time and place finishes.
Throwing Events: Three throws, with the best being recorded.

Location: Hollidaysburg Area High School Track
1510 N Montgomery Street, Hollidaysburg
Date: Saturday, June 1
Time:

5000 meter walk (all contestants)	7:00 a.m.
800 meter run (men followed by the women)	9:00 a.m.
60 meter dash (men followed by the women)	9:30 a.m.
400 meter run (men followed by the women)	10:15 a.m.
1500 meter walk (all contestants)	11:00 a.m.
Shot Put	8:00 a.m.
Discus	9:00 a.m.
Javelin	10:30 a.m.

Event Chairs: Dave Diedrich: (814) 942-3877 - **Track**
Paul Kowalski: (814) 942-0202 - **Shot Put, Discus & Javelin**



WII BOWLING

Single division. The tournament will be a blind draw, single elimination contest. Four individuals will compete at one time. All equipment will be provided. **To reserve a meal, please call (814) 946-1235 one day in advance.**

Location: Central Blair Senior Center, 1320 12th Avenue, Altoona
Date: Wednesday, June 12
Time: 12:30 p.m.
Event Chair: Bill Harshman: (814) 684-1639



If you sign up for any bowling events, you must complete this Bowling Registration Form and submit it with your Blair County Senior Olympics Registration Form. Thank you!

F.A. GERHART LANES
AT THE BAVARIAN AID SOCIETY
112 SOUTH 13TH STREET
ALTOONA, PA 16602
(814) 944 - 3698

**HOSTS THE
BLAIR COUNTY SENIOR OLYMPICS
BOWLING COMPETITIONS
JUNE 3 - 7, 2019**

SINGLES – DOUBLES – 4 PERSON TEAMS

~ALL BOWLING FEES ARE \$1.00 PER GAME. PER PERSON ~

Please complete information on reverse side of this form. You are responsible for coordinating dates and times with your partner and/or team members.

Each participant must complete their own Senior Olympics Registration Form and pay the registration fee to enter the bowling competitions.

Space may be LIMITED; therefore, date(s) and time(s) will be on a first-come, first-served basis.

The Senior Olympics bowling chairperson will contact you if the date and time you selected is full and will reschedule you for an alternate date and time.

Thank you and good luck!!

Complete only the sections for which you are registering! Please keep a record of your choices so you know when you are scheduled to bowl. If the bowling chairperson cannot schedule you for the date and time you chose, they will notify you about an alternate time.

Each bowler must register as a Senior Olympics Athlete and complete and submit their own bowling registration form. Bowling participants can ONLY sign up for ONE team.

Bowling Registration: Singles

Name _____ Age _____

Phone # _____

Circle only **one** date and time.

Monday 06/03 at **1:00pm**

Tuesday 06/04 at **1:00pm**

Monday 06/03 at **4:00pm**

Tuesday 06/04 at **4:00pm**

Bowling Registration: Doubles*

1st Name _____ Age _____

Phone # _____

2nd Name _____ Age _____

Circle only **one** date and time for you and your partner.

Wednesday 06/05 at **1:00pm**

Thursday 06/06 at **1:00pm**

Wednesday 06/05 at **4:00pm**

Thursday 06/06 at **4:00pm**

Bowling Registration: Team*

Team Name _____ Phone # _____

1st Name _____ Age _____

2nd Name _____ Age _____

3rd Name _____ Age _____

4th Name _____ Age _____

Circle only **one** date and time for your team.

Friday 06/07 at **1:00 pm**

Friday 06/07 at **4:00 pm**

***The age group for doubles and team events will be determined by the age of the youngest participant.**

2019 Blair County Senior Olympics Athlete Registration Form

Each athlete participating in the Senior Olympics is required to complete this registration form and submit it along with the appropriate payment as outlined below. **All team members or doubles competitors must register individually.**

Participant Information and Checklist:

Please complete the following steps to assure your entry in the Senior Olympics.

1. Fill out this Registration Form completely and accurately. Please print.

Name _____ Female _____ Male _____

Address _____
Street City State Zip

Phone # _____ County _____ Municipality _____
(Township, Borough, etc.)

Date of Birth _____ Social Security (last 4 digits) # _____

Marital Status _____ Lives Alone: _____ Yes _____ No

Ethnicity (Check One): _____ Not Hispanic or Latino _____ Hispanic or Latino

Race (Check One): _____ White Not Hispanic or Latino _____ Black/African American _____ Asian
_____ Hispanic or Latino _____ American Indian _____ Native Hawaiian

Monthly Income (check one): 1 Person in Household— _____ Less than \$1,005 _____ More than \$1,005
2 People in Household— _____ Less than \$1,353 _____ More than \$1,353

2. T-Shirt Size (Circle One): Small Medium Large X-Large 2XL 3XL

3. Read and sign the following Waiver and Release of Liability:

To the best of my knowledge, information and belief, I have no physical restrictions that would prohibit my participation in the events that I have selected in the Blair County Senior Olympics.

I have prepared myself for the event(s) I have entered by practicing prior to the Senior Olympics; I am participating in these events voluntarily and at my own risk; I understand that there is a risk for injury or even death, and while particular rules, equipment and personal discipline may reduce the risk, the risk of serious injury does exist; I knowingly and freely assume all such risks known and unknown, even if arising from the negligence of the releases or others. I therefore agree to release from all liability the Senior Olympics Committee, Blair Senior Services, Inc., and any other sponsoring organizations, and any of their representatives or volunteers ("Releases"), with respect to ANY AND ALL INJURY, DISABILITY, DEATH or loss of damages to person or property as a result of my participation in the 2019 Blair County Senior Olympics.

If a lawsuit is initiated on my behalf against any of the above mentioned parties, and it results in a monetary award of damages to me or any other person or legal entity, I agree to reimburse the Senior Olympics Committee, Blair Senior Services, Inc. or any other sponsoring organization for any monies, legal costs and fees required to be paid by them.

I hereby authorize any first aid, medication, medical treatment or surgery deemed necessary in case of an emergency for my health, welfare and safety.

I hereby consent to allow my picture or likeness to be taken and appear in media ads or coverage incidental to my participation in the Senior Olympics, without compensation to me.

I HAVE FULLY READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT AND FULLY UNDERSTAND ITS TERMS AND CONTENT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT INDUCEMENT.

**Participant
Signature** _____

Date _____

4. EVENT ENTRY SELECTION - Check off each event in which you wish to participate.

Basketball (choose one or more)

- Foul Shooting
 Hot Shot Shooting
 Three Point Shooting
 21

Bean Bag Toss

Bocce

Bowling (each participant must also complete a Bowling Registration Form)

Football Throw

Softball Throw

Frisbee Golf/Disc Golf

Golf (18 hole handicap: _____)

Home Run Derby

Horseshoes (choose one or more)

- Singles
 Doubles
 Partner: _____

Intellectual Games

- (choose one or more)
 Sudoku
 Crossword Puzzle
 Trivia
 Word Search
 Spelling Bee
 Pinochle (Single-Deck)
 Pinochle (Double-Deck)

Miniature Golf

Outdoor Events

- (choose one or more)
 Archery
 Small Bore Rifle

Pickleball

Pool (8-Ball)

Shuffleboard

- (choose one or more)
 Singles
 Doubles
 Partner: _____

Swimming

- (choose one or more)
 25 Meter Backstroke
 25 Meter Breaststroke
 25 Meter Butterfly
 25 Meter Freestyle
 25 Meter Pool Walk
 50 Meter Freestyle

Tennis

- (choose one or more)
 Singles
 Doubles
 Partner: _____

Track & Field

- (choose one or more)
 Discus
 Javelin
 Shot Put
 400 Meter Run
 60 Meter Dash
 800 Meter Run
 1500 Meter Walk
 5000 Meter Walk

Wii Bowling

******Please be advised, no changes or additions to the events can be made after May 17. Awards will only be given to those who are signed up for the event(s) during the registration period.**

Questions 5 through 7 MUST BE COMPLETED – Thank You!

5. a) Will you be attending the **Closing Ceremony**? Yes No

b) Athletes are permitted to bring **one guest** to the Closing Ceremony for a fee of **\$6.00**.

Will you be bringing a guest to the Closing Ceremony? Yes No

Is your guest under 60 years of age **OR** over 60 years of age? under 60 over 60
(Please check one)

6. **Enclose Payment:** \$14.00 registration fee (registration must be received by May 17) = \$ _____

Closing Event Social Guest (1) at \$6.00 = \$ _____

Total payment enclosed = \$ _____

Please enclose a check or money order payable to Blair Senior Services, Inc. (please sign and date checks)

7. Attach all forms together and mail or deliver with your payment to:

Blair Senior Services, Inc.
Attn: Holly Wills
1320 12th Avenue
Altoona, PA 16601-3308

If you have any questions, please call Angel Dandrea at (814) 946-1235 or 1-800-245-3282.

FOR OFFICE USE ONLY:

Date Paid _____ Amount Paid \$ _____
 Check # _____ Cash _____ Entered in Abila _____ (initials)

Reviewed _____ (initials)
 Copy to Sara _____ (initials)