

April 2026

Northern Blair Senior Center, 505 3rd St., Tyrone

Tina Fultz, Center Coordinator: 814-684-7853

Open: Monday through Friday from 8:30 a.m. - 3:00 p.m.

Mon

Tue


Wed

Thu

Fri

1
 9:00 a.m. Balance Strength and Tone
 11:00 a.m. Pinochle
 11:30 a.m. Get Up and Dance
 Stretch Break
 12:00 p.m. Mahjong / Learn Mahjong
 12:30 p.m. April Birthday Party

2
 9:30 a.m. Senior Chair Yoga
 11:00 a.m. Eric Armstrong
 12:30 p.m. Flavored Coffee Social
 12:30 p.m. Medicare Presentation/Bingo

3

 Center Closed

6
 9:00 a.m. Balance Strength and Tone
 10:00 a.m. Senior Chair Yoga
 11:00 a.m. Pinochle
 11:30 a.m. Get Up and Dance
 Stretch Break
 12:30 p.m. Pinochle

7
 9:30 a.m. Line Dancing Class
 10:30 a.m. Craft Activity
 12:30 p.m. Flavored Coffee Social
 12:30 p.m. Greeting Card Club Meeting
 12:30 p.m. ELM Presentation

8
 9:00 a.m. Balance Strength and Tone
 11:00 a.m. Pinochle
 11:30 a.m. Get Up and Dance
 Stretch Break
 12:00 p.m. Mahjong / Learn Mahjong
 12:30 p.m. Fall Risks and Balance Presentation

9
 9:30 a.m. Senior Chair Yoga
 10:30 a.m. Blood Pressure Screenings
 12:30 p.m. Phil McCaulley in Concert
 12:30 p.m. Flavored Coffee Social

10
 8:30 a.m. Friday Music Jam
 9:00 a.m. Balance Strength and Tone
 11:00 a.m. Pinochle
 11:30 a.m. Get Up and Dance
 Stretch Break
 12:30 p.m. Trivia Game

13
 9:00 a.m. Balance Strength and Tone
 10:00 a.m. Senior Chair Yoga
 10:30 a.m. Kip Woodring in Concert
 11:00 a.m. Pinochle
 11:30 a.m. Get Up and Dance
 Stretch Break
 12:30 p.m. Pinochle

14
 9:30 a.m. Line Dancing Class
 10:30 a.m. Craft Activity
 10:30 a.m. Blood Pressure Screenings
 12:30 p.m. Flavored Coffee Social
 12:30 p.m. Greeting Card Club Meeting

15
 9:00 a.m. Balance Strength and Tone
 11:00 a.m. Pinochle
 11:30 a.m. Get Up and Dance
 Stretch Break
 12:00 p.m. Mahjong / Learn Mahjong

16
 9:30 a.m. Senior Chair Yoga
 10:30 a.m. Country Cool Concert
 12:30 p.m. HNA Flurry of Wellness
 12:30 p.m. Flavored Coffee Social

17
 8:30 a.m. Friday Music Jam
 9:00 a.m. Balance Strength and Tone
 11:00 a.m. Pinochle
 11:00 a.m. National Bat Appreciation Day Presentation
 11:30 a.m. Get Up and Dance
 Stretch Break



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Happy Easter

Mon	Tue	Wed	Thu	Fri
<p>20 9:00 a.m. Balance Strength and Tone 10:00 a.m. Senior Chair Yoga 11:00 a.m. Pinochle 11:00 a.m. Music with DJ Tom 11:30 a.m. Get Up and Dance Stretch Break</p> <p>NATIONAL VOLUNTEER WEEK</p>	<p>21 9:30 a.m. Line Dancing Class 10:30 a.m. Craft Activity 12:30 p.m. Flavored Coffee Social 12:30 p.m. Greeting Card Club Meeting 12:30 p.m. Craft Activity (cont.)</p>	<p>22 9:00 a.m. Balance Strength and Tone 11:00 a.m. National Karaoke Week Karaoke Sing-A-Long 12:30 p.m. Flavored Coffee Social 11:30 a.m. Get Up and Dance Stretch Break 12:00 p.m. Mahjong / Learn Mahjong</p>	<p>23 9:30 a.m. Senior Chair Yoga Volunteer Recognition Day 11:00 a.m. "The Music Man" Ron Balestino in Concert 12:30 Volunteer Recognition Ceremony</p>	<p>24 8:30 a.m. Friday Music Jam 9:00 a.m. Balance Strength and Tone 11:00 a.m. Pinochle 11:30 a.m. Get Up and Dance Stretch Break 12:30 p.m. Trivia Game</p>
<p>27 9:00 a.m. Balance Strength and Tone 10:00 a.m. Senior Chair Yoga 11:00 a.m. Pinochle 11:30 a.m. Get Up and Dance Stretch Break 12:30 p.m. Pinochle</p>	<p>28 9:00 a.m. Commodity Box Pick-up 9:30 a.m. Line Dancing Class 10:30 a.m. Craft Activity 12:30 p.m. Flavored Coffee Social 12:30 p.m. Greeting Card Club Meeting 12:30 p.m. Craft Activity (cont.)</p>	<p>29 9:00 a.m. Balance Strength and Tone 11:00 a.m. Pinochle 11:30 a.m. Get Up and Dance Stretch Break 12:00 p.m. Mahjong / Learn Mahjong</p> <p>"Denim Day" Wear all your denim!!!!</p>	<p>30 9:30 a.m. Senior Chair Yoga 11:00 a.m. Artistic Journaling 12:30 p.m. Flavored Coffee Social 12:30 a.m. How Stress Affects your Health Presentation</p>	



For Transportation, please call 814-695-3500.
To RSVP for a meal, please contact the Senior Center by 1 p.m. one day in advance.

