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**BLAIR SENIOR  
SERVICES**

AREA AGENCY ON AGING

**\* June 1 through June 17 \***

**FOR AGES 50 AND UP!**

**Cost: \$14.00**

**All Registration Forms must be  
received by May 17, 2019**

**\* BLAIR COUNTY SENIOR OLYMPICS SPONSORS \***

***Gold Sponsors***



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***Event Contributors***

Bavarian Aid Society  
Blair Regional YMCA  
Buccinese Club  
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Highland Park and Central Blair Recreation Commission  
Hollidaysburg Area School District  
Hollidaysburg Sportsmen's Club  
Lakemont Park  
Northern Blair County Recreation Center  
Sylvan Hills Golf Course  
Trinity United Methodist Church  
Unter Uns

**Please complete the Registration Form located on the last page of this booklet.**

- The registration form and standard registration fee of \$14.00 is required by May 17.
- **No registration forms will be accepted after May 17.**
- Checks should be made payable to Blair Senior Services, Inc.

The Senior Olympics Committee strongly recommends consulting with your physician before participating in any event.

**You must sign and return the Waiver and Release of Liability (#3) on the Registration Form in order to participate.**

Certain events will have special participant fees for use of facilities or equipment. All special fees must be paid directly to the facility the day of the event. Applicable fees are listed under each event description.

The Senior Olympics Committee reserves the right to reschedule, cancel and/or consolidate age groups and teams or events, as deemed appropriate.

The event schedule is subject to change due to weather conditions, availability of facilities or level of participant response.

**Participants are asked to arrive 15 minutes prior to event times listed in Registration Booklet.**

The Senior Olympics Committee is not responsible for games that overlap on the same day. Please schedule your events accordingly.

All participants will receive a Senior Olympics T-Shirt and an invitation to the Kick-Off Party and Closing Ceremony.

Participants attending the Closing Ceremony must complete the ceremony information section (question 5) on the Registration Form.

Participants bringing a guest must complete the appropriate “Guest” section on the Registration Form (question 5b) and include any applicable fees (question 6).

**\* Please note, no changes or additions can be made to the events after May 17.**



## **EVENT PACKET PICK-UP**

**Thursday, May 30 and Friday, May 31**

**8:00 a.m. – 4:00 p.m.**

**Central Blair Senior Center, 1320 12th Avenue in Altoona**

Event packets will include your Senior Olympics t-shirt, various giveaway items, and event schedule. If you do not pick up your event packet during this time, the packets will be made available at various events throughout the month.

## **KICK-OFF PARTY**

**Saturday, June 1**

**7:00 a.m. – 1:00 p.m.**

**Hollidaysburg High School Track & Field, 1510 N Montgomery Street  
in Hollidaysburg**

Families and fans of the competitors are welcome to fill the bleachers at the Hollidaysburg Track during our Track & Field Events for our Kick-Off Party!

Refreshments will be available.

Look out for t-shirt throws into the bleachers and chances to win a 50/50.

Have friends who might be interested in competing in Senior Olympics next year? Invite them to our Kick-Off Party to see what the Senior Olympics Games are all about!

## **CLOSING CEREMONY**

**Wednesday, June 26**

**5:30 p.m. - 8:30 p.m.**

~ Doors open at 4:30 p.m. ~

Dinner Served at 5:45 p.m.

Entertainment from 6:30 p.m. – 8:30 p.m.

**Bavarian Hall, 112 South 13<sup>th</sup> Street in Altoona**

Join us for dinner, dancing and entertainment by The Sharptones from 6:30 p.m. to 8:30 p.m., as we celebrate the many accomplishments throughout the month!

Enjoy door prize drawings throughout the evening!

All registered participants are invited to attend the Closing Event at no charge,  
and may bring one guest at a cost of \$6.00.

**Placement Awards will be available for pick up at the Closing Ceremony.**

*Athletes who are unable to attend the Closing Ceremony may pick up their awards bag at Blair Senior Services, Inc., 1320 12<sup>th</sup> Avenue in Altoona, beginning Monday, July 1 between the hours of 8:00 a.m. and 4:00 p.m.*

# **GENERAL INFORMATION**

The Pennsylvania Senior Games Events format will be used as the standard format. Event Chairs will determine the final format for all events. Some event rules and formats may be modified specifically for the Senior Olympics. Non-physical events will follow the format established by the event Chairperson.

All team members/partners must register individually. Teams will be matched by team/partner name listed. The age group for doubles and team events will be determined by the age of the youngest participant. If an athlete does not have a specific partner or team to participate with, they may still sign up for the event and will be paired with teammates based on athlete availability. Pairings will be made on a first-come, first-served basis.

A medal will be awarded to first, second and third place for each event.

The schedule of events is subject to change. Rain dates will be announced as needed.

Warm-up and practice time will be provided prior to the start of an event.

Event contact names and numbers are included in the sport descriptions.

Please call if you need further information on events, or directions to event locations. Directions are available to all events by contacting Blair Senior Services, Inc. at (814) 946-1235.

The Senior Olympics Committee is not responsible for conflicts in scheduling.

The Senior Olympics Committee reserves the right to reschedule, cancel or consolidate events and age groups as deemed appropriate.

# CALENDAR OF EVENTS- JUNE 2019

Mon	Tue	Wed	Thu	Fri	Sat
<b>Event Registration Forms are due by Friday, May 17</b>			<b>30</b> <u>Welcome Bag Pick-Up</u> 8 a.m. – 4 p.m. Central Blair Senior Center	<b>31</b> <u>Welcome Bag Pick-Up</u> 8 a.m. – 4 p.m. Central Blair Senior Center	<b>1</b> <u>Track and Field Events &amp; Kick-Off Party</u> 7 a.m. - 1 p.m. Hollidaysburg Area High School Track
<b>3</b> <u>Shuffleboard (Singles)</u> 9:00 a.m. Trinity United Methodist Church, Roaring Spring  <u>Bowling Singles</u> 1 p.m. & 4 p.m. Bavarian Hall	<b>4</b> <u>Shuffleboard (Doubles)</u> 9:00 a.m. Trinity United Methodist Church, Roaring Spring  <u>Bowling Singles</u> 1 p.m. & 4 p.m. Bavarian Hall	<b>5</b> 8 Ball Pool 9:00 a.m. Men's Division 1:00 p.m. Women's Division Central Blair Senior Center  <u>Bowling Doubles</u> 1 p.m. & 4 p.m. Bavarian Hall	<b>6</b> <u>Outdoor Events</u> Small Bore 9 a.m. Archery 10 a.m. Hollidaysburg Sportsmen's Club  <u>Tennis (Singles)</u> 2 p.m. - 6 p.m. Gorilla House Gym  <u>Bowling Doubles</u> 1 p.m. & 4 p.m. Bavarian Hall	<b>7</b> <u>Basketball</u> 9:00 a.m. - 4:00 p.m. Blair Regional YMCA  <u>Tennis (Doubles)</u> 2 p.m. - 6 p.m. Gorilla House Gym  <u>Bowling Teams</u> 1 & 4 p.m. Bavarian Hall	<b>8</b> <u>Bocce</u> 9:00 a.m. Buccinese Club
<b>10</b> <u>Football Softball Throw</u> 8 a.m. - 10 a.m. NB Rec Center  <u>Home Run Derby</u> 8 a.m. - 10 a.m. NB Rec Center	<b>11</b> <u>Golf</u> Men 8:00 a.m. Women 8:00 a.m. Sylvan Hills Golf Course  <u>Bean Bag Toss</u> 1:00 p.m. Central Blair Senior Center	<b>12</b> <u>Swimming</u> 10:00 a.m. Blair Regional YMCA  <u>Wii Bowling</u> 12:30 p.m. Central Blair Senior Center	<b>13</b> <u>Pickle Ball</u> 9:30 a.m. Blair Regional YMCA  <u>Pinochle (single deck)</u> 12:30 p.m. Central Blair Senior Center	<b>14</b> <u>Miniature Golf</u> 9:30 a.m. Lakemont Park  <u>Pinochle (double deck)</u> 12:30 p.m. Central Blair Senior Center	<b>15</b> <u>Frisbee Golf/ Disc Golf</u> 9:00 a.m. Highland Park  <u>Horseshoes</u> 1:30 p.m. Unter Uns
<b>17</b> <u>Intellectual Games</u> Sudoku 9:30 a.m. Crossword 10:00 am Trivia 10:45 a.m. Word Search 1:00pm Spelling Bee 2:00pm Central Blair Senior Center	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>
<b>24</b>	<b>25</b>	<b>26</b> <u>Closing Ceremony</u> Doors open 4:30 p.m. 5:30 p.m.-8:30 p.m. Bavarian Hall	<b>27</b>	<b>28</b>	<b>29</b>

## BASKETBALL

Male and Female singles divisions competing in foul shooting, hot shot, three-point shooting and "21". For placement awards, participants must make at least one basket, regardless of the number of participants in the age bracket.

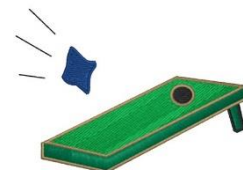
**Location:** Blair Regional YMCA, 1111 Hewit Street, Hollidaysburg  
**Date:** Friday, June 7  
**Time:** 9:00 a.m. and 4:00 p.m.  
**Event Chair:** Jim Bigelow: (814) 684-4392



## BEAN BAG TOSS

Bags and boards will be provided. **To reserve a lunch, please call (814) 946-1235 one day in advance.**

**Location:** Central Blair Senior Center, 1320 12<sup>th</sup> Avenue, Altoona  
**Date:** Tuesday, June 11  
**Time:** 1:00 p.m.  
**Event Chair:** Betsey Harris: (814) 502-4444



## BOCCE

Team event. Teams will be chosen randomly, with an equal mix of experienced and beginner level competitors paired for each team. An elimination format will be used.

**Location:** The Buccinese Club, 614 8th Avenue, Altoona  
**Date:** Saturday, June 8  
**Time:** Competition begins at 9:00 a.m.  
**Event Chairs:** Mike Parisi: (814) 944-1405  
Carl Maier: (814) 943-0867



## BOWLING

**A special fee of \$1.00 per game, per person, must be paid to the Bavarian Hall the day of the event.** Male and female singles, doubles and teams. Doubles and teams may be comprised of all men, all women, or mixed. Each participant will bowl three games and the total pitfall will determine the winner. **Each participant must complete and submit their own Bowling Registration form (enclosed in this booklet).**

**Location:** Bavarian Hall, 112 South 13th Street, Altoona  
**Bowling (Singles):** Monday, June 3 & Tuesday, June 4  
**Bowling (Doubles):** Wednesday, June 5 & Thursday, June 6  
**Bowling (Teams):** Friday, June 7  
**Time:** Games will be at 1:00 p.m. & 4:00 p.m.  
**Event Chairs:** Ken Gilley: (814) 946-1554  
George Boyles: (814) 944-7775



## FOOTBALL AND SOFTBALL THROW

Three throws, with the best being recorded.

**Location:** Northern Blair County Recreation Center  
4080 E Pleasant Valley Blvd, Altoona  
**Date:** Monday, June 10  
**Time:** 8:00 a.m. - 10:00 a.m.  
**Event Chair:** Melody Hampson: (814) 696-1896 or (814) 505-1896



## FRISBEE GOLF / DISC GOLF

Some discs provided but competitors are encouraged to bring their own.

**Location:** Highland Park, 4718 4th Avenue, Altoona  
**Date:** Saturday, June 15  
**Time:** 9:00 a.m.  
**Event Chair:** Paul Kowalski: (814) 942-0202



## GOLF: MEN'S AND WOMEN'S

Nine hole scramble. A special fee of \$12.00 must be paid to the course the day of the event. Please list your handicap in the Event Entry section (#4) on the Athlete Registration Form.

**Location:** Sylvan Hills Golf Course, 221 Larch Street, Hollidaysburg  
**Date:** Tuesday, June 11  
**Time:** Shot gun start at 8:00 a.m.  
**Event Chair:** George Boyles: (814) 944-7775  
Bert Lear: (814) 942-9800  
Connie Angeski: (814) 943-5354



## HOMERUN DERBY

Male and Female divisions. Competition will be scored on a point system. Points are distributed based on the distance each softball is hit.

**Location:** Northern Blair County Recreation Center  
4080 E Pleasant Valley Blvd, Altoona  
**Date:** Monday, June 10  
**Time:** 8:00 a.m. – 10:00 a.m.  
**Event Chair:** Fern Price: (814) 684-0236



## HORSESHOES

Male and Female singles and doubles. Competition will be set in a single elimination tournament format.

**Location:** Unter Uns, 1401 Van Buren Avenue, Altoona  
**Date:** Saturday, June 15  
**Time:** 1:30 p.m.  
**Event Chairs:** Fern Price: (814) 684-0236





## INTELLECTUAL GAMES: CROSSWORD, TRIVIA, WORD SEARCH & SPELLING BEE

Sudoku, Crossword, Trivia, and Word Search. Timed events, with the highest score winning. In the event of a tie, the person having the fastest time will be the winner.

Spelling Bee - Overall 1st, 2nd and 3rd place winners.

**To reserve a meal, please call (814) 946-1235 one day in advance.**

<b>Location:</b>	Central Blair Senior Center, 1320 12 <sup>th</sup> Avenue, Altoona		
<b>Date:</b>	Monday, June 17		
<b>Time:</b>	<b>Sudoku</b>	9:30 a.m.	
	<b>Crossword Puzzle</b>	10:00 a.m.	
	<b>Trivia</b>	10:45 a.m.	
	<b>Word Search</b>	1:00 p.m.	
	<b>Spelling Bee</b>	2:00 p.m.	
<b>Event Chair:</b>	Eleanor Berger: (814) 312-5060		



## MINIATURE GOLF

Male and Female singles divisions. Low score determines the winner.

<b>Location:</b>	Lakemont Park, 700 Park Avenue, Altoona
<b>Date:</b>	Friday, June 14
<b>Time:</b>	9:30 a.m.
<b>Event Chairs:</b>	Bert Lear: (814) 942-9800



## OUTDOOR EVENTS

Male and Female singles divisions. Events will be based upon accuracy and score totals.

**Small Bore Rifle (.22 Cal.) Shoot** – Must have your own rifle. Competitors age 50-69 must use open sights, while those age 70 and over may use a scope. Targets will be provided, along with ammunition. Twenty round competition shooting 10 shots with a bench rest, and 10 shots at shooter's choice (bench, sitting, standing, prone, kneeling) from 25 yards. Spotting scopes are permitted.

**Archery**– must have your own bow and arrows. Targets will be provided. Sixty round competition, shooting 20 arrows each at 60 yards, 50 yards and 40 yards.

<b>Location:</b>	Hollidaysburg Sportsmen's Club 472 Hollidaysburg Sportsman Road, Hollidaysburg
<b>Date:</b>	Thursday, June 6
<b>Time:</b>	Small Bore Rifle – 9:00 a.m. Archery – 10:00 a.m.
<b>Event Chairs:</b>	Robert Hunt: (814) 942-0500- <b>Small Bore</b> Bill Harshman: (814) 684-1639 – <b>Archery</b>



## NEW \* PICKLEBALL \* NEW

Teams may be all men, all women, or mixed. Teams will be assigned.

**Location:** Blair Regional YMCA, 1111 Hewit Street, Hollidaysburg  
**Date:** Thursday, June 13  
**Time:** 9:30 a.m.  
**Event Chair:** Deannie Cafferty: (814) 935-1605



## PINOCHLE

Single-deck pinochle will be held on Thursday, June 13. Double-deck pinochle will be held on Friday, June 14. **To reserve a meal, please call (814) 946-1235 one day in advance.**

**Location:** Central Blair Senior Center, 1320 12<sup>th</sup> Avenue, Altoona  
**Date:** Thursday, June 13: Single-Deck  
Friday, June 14: Double-Deck  
**Time:** Both days begin at 12:30 p.m.  
**Event Chair:** Catherine Palmer: (814) 207-2623



## POOL/BILLIARDS: 8 BALL COMPETITION

2-Male and 1-Female singles divisions. Eight-ball single elimination tournament will be used. Preliminary rounds will be best out of three games. The winning rounds will be best out of five games. **To reserve a meal, please call (814) 946-1235 one day in advance.**

**Location:** Central Blair Senior Center, 1320 12<sup>th</sup> Avenue, Altoona  
**Date:** Wednesday, June 5  
**Time:** Men's Division at 9 a.m. with 8:30 a.m. warm-up  
Ladies Division at 1:30 p.m. with 1:00 p.m. warm-up  
**Event Chair:** Jim Bigelow (814) 684-4392



## SHUFFLEBOARD

Double elimination tournament format will be used. Teams for the doubles event may be all men, all women, or mixed.

**Location:** Trinity United Methodist Church, 434 E. Main Street, Roaring Spring  
**Date:** Monday, June 3: Singles  
Tuesday, June 4: Doubles  
**Time:** Both days begin at 9:00 a.m.  
**Event Chair:** Fern Price: (814) 684-0236



## SWIMMING: BACKSTROKE, BREASTSTROKE, BUTTERFLY, FREESTYLE, POOL WALK, INDIVIDUAL MEDLEY

Male and Female singles divisions. USMS (United States Master's Swimming) rules will govern competition.

**Events:** 25 Meter Backstroke, 25 Meter Breaststroke, 25 Meter Butterfly, 25 Meter Freestyle, 50 Meter Freestyle, and 25 Meter Pool Walk.

**Location:** Blair Regional YMCA, 1111 Hewit Street, Hollidaysburg  
**Date:** Wednesday, June 12  
**Time:** 10:00 a.m.  
**Event Chair:** Gary Rhodes: (814) 942-7940



## TENNIS

Double elimination tournament format will be used. Teams for the doubles event may be all men, all women, or mixed.

**Location:** Gorilla House Gym, 3200 Fairway Drive, Altoona  
**Date:** Thursday, June 6: Singles  
 Friday, June 7: Doubles  
**Time:** Both days begin at 2:00 p.m.  
**Event Chair:** Deannie Cafferty: (814) 935-1605



## TRACK AND FIELD EVENTS AND KICK OFF-PARTY

Walking and Running Events: Standard race format with time and place finishes.  
 Throwing Events: Three throws, with the best being recorded.

**Location:** Hollidaysburg Area High School Track  
 1510 N Montgomery Street, Hollidaysburg  
**Date:** Saturday, June 1  
**Time:**

5000 meter walk (all contestants)	7:00 a.m.
800 meter run (men followed by the women)	9:00 a.m.
60 meter dash (men followed by the women)	9:30 a.m.
400 meter run (men followed by the women)	10:15 a.m.
1500 meter walk (all contestants)	11:00 a.m.
Shot Put	8:00 a.m.
Discus	9:00 a.m.
Javelin	10:30 a.m.

**Event Chairs:** Dave Diedrich: (814) 942-3877 - **Track**  
 Paul Kowalski: (814) 942-0202 - **Shot Put, Discus & Javelin**



## WII BOWLING

Single division. The tournament will be a blind draw, single elimination contest. Four individuals will compete at one time. All equipment will be provided. **To reserve a meal, please call (814) 946-1235 one day in advance.**

**Location:** Central Blair Senior Center, 1320 12<sup>th</sup> Avenue, Altoona  
**Date:** Wednesday, June 12  
**Time:** 12:30 p.m.  
**Event Chair:** Bill Harshman: (814) 684-1639



If you sign up for any bowling events, you must complete this Bowling Registration Form and submit it with your Blair County Senior Olympics Registration Form. Thank you!

F.A. GERHART LANES  
AT THE BAVARIAN AID SOCIETY  
112 SOUTH 13TH STREET  
ALTOONA, PA 16602  
(814) 944 - 3698

**HOSTS THE  
BLAIR COUNTY SENIOR OLYMPICS  
BOWLING COMPETITIONS  
JUNE 3 - 7, 2019**

**SINGLES – DOUBLES – 4 PERSON TEAMS**

**~ALL BOWLING FEES ARE \$1.00 PER GAME. PER PERSON ~**

Please complete information on reverse side of this form. You are responsible for coordinating dates and times with your partner and/or team members.

**Each participant must complete their own Senior Olympics Registration Form and pay the registration fee to enter the bowling competitions.**

Space may be LIMITED; therefore, date(s) and time(s) will be on a first-come, first-served basis.

The Senior Olympics bowling chairperson will contact you if the date and time you selected is full and will reschedule you for an alternate date and time.

Thank you and good luck!!

**Complete only the sections for which you are registering!** Please keep a record of your choices so you know when you are scheduled to bowl. If the bowling chairperson cannot schedule you for the date and time you chose, they will notify you about an alternate time.

**Each bowler must register as a Senior Olympics Athlete and complete and submit their own bowling registration form. Bowling participants can ONLY sign up for ONE team.**

### **Bowling Registration: Singles**

Name\_\_\_\_\_ Age\_\_\_\_\_

Phone #\_\_\_\_\_

Circle only **one** date and time.

Monday 06/03 at **1:00pm**

Tuesday 06/04 at **1:00pm**

Monday 06/03 at **4:00pm**

Tuesday 06/04 at **4:00pm**

### **Bowling Registration: Doubles\***

1st Name\_\_\_\_\_ Age\_\_\_\_\_

Phone #\_\_\_\_\_

2nd Name\_\_\_\_\_ Age\_\_\_\_\_

Circle only **one** date and time for you and your partner.

Wednesday 06/05 at **1:00pm**

Thursday 06/06 at **1:00pm**

Wednesday 06/05 at **4:00pm**

Thursday 06/06 at **4:00pm**

### **Bowling Registration: Team\***

**Team Name**\_\_\_\_\_ **Phone #**\_\_\_\_\_

1st Name \_\_\_\_\_ Age\_\_\_\_\_

2nd Name \_\_\_\_\_ Age\_\_\_\_\_

3rd Name \_\_\_\_\_ Age\_\_\_\_\_

4th Name \_\_\_\_\_ Age\_\_\_\_\_

Circle only **one** date and time for your team.

Friday 06/07 at **1:00 pm**

Friday 06/07 at **4:00 pm**

**\*The age group for doubles and team events will be determined by the age of the youngest participant.**

## **2019 Blair County Senior Olympics Athlete Registration Form**

Each athlete participating in the Senior Olympics is required to complete this registration form and submit it along with the appropriate payment as outlined below. **All team members or doubles competitors must register individually.**

### **Participant Information and Checklist:**

Please complete the following steps to assure your entry in the Senior Olympics.

#### **1. Fill out this Registration Form completely and accurately. Please print.**

Name \_\_\_\_\_ Female \_\_\_\_\_ Male \_\_\_\_\_

Address \_\_\_\_\_  
Street City State Zip

Phone # \_\_\_\_\_ County \_\_\_\_\_ Municipality \_\_\_\_\_  
(Township, Borough, etc.)

Date of Birth \_\_\_\_\_ Social Security (last 4 digits) # \_\_\_\_\_

Marital Status \_\_\_\_\_ Lives Alone: \_\_\_\_\_ Yes \_\_\_\_\_ No

Ethnicity (Check One): \_\_\_\_\_ Not Hispanic or Latino \_\_\_\_\_ Hispanic or Latino

Race (Check One): \_\_\_\_\_ White Not Hispanic or Latino \_\_\_\_\_ Black/African American \_\_\_\_\_ Asian  
\_\_\_\_\_ Hispanic or Latino \_\_\_\_\_ American Indian \_\_\_\_\_ Native Hawaiian

Monthly Income (check one): 1 Person in Household— \_\_\_\_\_ Less than \$1,005 \_\_\_\_\_ More than \$1,005  
2 People in Household— \_\_\_\_\_ Less than \$1,353 \_\_\_\_\_ More than \$1,353

2. T-Shirt Size (Circle One): Small Medium Large X-Large 2XL 3XL

#### **3. Read and sign the following Waiver and Release of Liability:**

To the best of my knowledge, information and belief, I have no physical restrictions that would prohibit my participation in the events that I have selected in the Blair County Senior Olympics.

I have prepared myself for the event(s) I have entered by practicing prior to the Senior Olympics; I am participating in these events voluntarily and at my own risk; I understand that there is a risk for injury or even death, and while particular rules, equipment and personal discipline may reduce the risk, the risk of serious injury does exist; I knowingly and freely assume all such risks known and unknown, even if arising from the negligence of the releases or others. I therefore agree to release from all liability the Senior Olympics Committee, Blair Senior Services, Inc., and any other sponsoring organizations, and any of their representatives or volunteers ("Releases"), with respect to ANY AND ALL INJURY, DISABILITY, DEATH or loss of damages to person or property as a result of my participation in the 2019 Blair County Senior Olympics.

If a lawsuit is initiated on my behalf against any of the above mentioned parties, and it results in a monetary award of damages to me or any other person or legal entity, I agree to reimburse the Senior Olympics Committee, Blair Senior Services, Inc. or any other sponsoring organization for any monies, legal costs and fees required to be paid by them.

I hereby authorize any first aid, medication, medical treatment or surgery deemed necessary in case of an emergency for my health, welfare and safety.

I hereby consent to allow my picture or likeness to be taken and appear in media ads or coverage incidental to my participation in the Senior Olympics, without compensation to me.

I HAVE FULLY READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT AND FULLY UNDERSTAND ITS TERMS AND CONTENT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT INDUCEMENT.

**Participant  
Signature** \_\_\_\_\_

**Date** \_\_\_\_\_

**4. EVENT ENTRY SELECTION - Check off each event in which you wish to participate.**

**Basketball** (choose one or more)

\_\_\_\_ Foul Shooting  
\_\_\_\_ Hot Shot Shooting  
\_\_\_\_ Three Point Shooting  
\_\_\_\_ 21

\_\_\_\_ **Bean Bag Toss**

\_\_\_\_ **Bocce**

\_\_\_\_ **Bowling** (each participant must also complete a Bowling Registration Form)

\_\_\_\_ **Football Throw**

\_\_\_\_ **Softball Throw**

\_\_\_\_ **Frisbee Golf/Disc Golf**

\_\_\_\_ **Golf** (18 hole handicap: \_\_\_\_)

\_\_\_\_ **Home Run Derby**

**Horseshoes** (choose one or more)

\_\_\_\_ Singles  
\_\_\_\_ Doubles

Partner: \_\_\_\_\_

**Intellectual Games**

(choose one or more)

\_\_\_\_ Sudoku  
\_\_\_\_ Crossword Puzzle  
\_\_\_\_ Trivia  
\_\_\_\_ Word Search  
\_\_\_\_ Spelling Bee  
\_\_\_\_ Pinochle (Single-Deck)  
\_\_\_\_ Pinochle (Double-Deck)

\_\_\_\_ **Miniature Golf**

**Outdoor Events**

(choose one or more)

\_\_\_\_ Archery  
\_\_\_\_ Small Bore Rifle

\_\_\_\_ **Pickleball**

\_\_\_\_ **Pool** (8-Ball)

**Shuffleboard**

(choose one or more)

\_\_\_\_ Singles  
\_\_\_\_ Doubles

Partner: \_\_\_\_\_

**Swimming**

(choose one or more)

\_\_\_\_ 25 Meter Backstroke  
\_\_\_\_ 25 Meter Breaststroke  
\_\_\_\_ 25 Meter Butterfly  
\_\_\_\_ 25 Meter Freestyle  
\_\_\_\_ 25 Meter Pool Walk  
\_\_\_\_ 50 Meter Freestyle

**Tennis**

(choose one or more)

\_\_\_\_ Singles  
\_\_\_\_ Doubles

Partner: \_\_\_\_\_

**Track & Field**

(choose one or more)

\_\_\_\_ Discus  
\_\_\_\_ Javelin  
\_\_\_\_ Shot Put  
\_\_\_\_ 400 Meter Run  
\_\_\_\_ 60 Meter Dash  
\_\_\_\_ 800 Meter Run  
\_\_\_\_ 1500 Meter Walk  
\_\_\_\_ 5000 Meter Walk

\_\_\_\_ **Wii Bowling**

**\*\*\*\*Please be advised, no changes or additions to the events can be made after May 17. Awards will only be given to those who are signed up for the event(s) during the registration period.**

**Questions 5 through 7 MUST BE COMPLETED – Thank You!**

**5. a)** Will you be attending the **Closing Ceremony**? \_\_\_\_ Yes \_\_\_\_ No

**b)** Athletes are permitted to bring **one guest** to the Closing Ceremony for a fee of **\$6.00**.

Will you be bringing a guest to the Closing Ceremony? \_\_\_\_ Yes \_\_\_\_ No

Is your guest under 60 years of age **OR** over 60 years of age? \_\_\_\_ under 60 \_\_\_\_ over 60  
**(Please check one)**

**6. Enclose Payment:** \$14.00 registration fee (registration must be received by May 17) = \$ \_\_\_\_\_

Closing Event Social Guest (1) at \$6.00 = \$ \_\_\_\_\_

Total payment enclosed = \$ \_\_\_\_\_

**Please enclose a check or money order payable to Blair Senior Services, Inc.**  
**(please sign and date checks)**

**7. Attach all forms together and mail or deliver with your payment to:**

**Blair Senior Services, Inc.**  
**Attn: Holly Wills**  
**1320 12<sup>th</sup> Avenue**  
**Altoona, PA 16601-3308**

*If you have any questions, please call Angel Dandrea at  
(814) 946-1235 or 1-800-245-3282.*

**FOR OFFICE USE ONLY:**

Date Paid \_\_\_\_\_ Amount Paid \$ \_\_\_\_\_  
Check # \_\_\_\_\_ Cash \_\_\_\_\_ Entered in Abila \_\_\_\_\_ (initials)

Reviewed \_\_\_\_\_ (initials)  
Copy to Sara \_\_\_\_\_ (initials)